

The Kingston Academy



Statement of Provision for PSHCE, Sex Education and Philosophy and Ethics (RE)

July 2018

Date approved: 2 July 2018

Approved by: Trust Board, Kingston Educational Trust

Frequency of Review: Annual

Last Review: July 2017

Next Review due: July 2021

Personal, Social, Health, Citizenship and Economic Education Curriculum (*Aspire-SMART*)

This is a key area for our school and vision and is embedded in our core themes. Communication is of particular importance in this strand of the school with its emphasis on emotional literacy; discussion and debate; enquiry and communication; stories that illustrate aspects of personal and social development, how the media present information.

The personal development of pupils morally, socially and culturally plays a significant part in their ability to learn and achieve. Development in both areas is essential to raising standards of attainment of all pupils, and is a vital foundation for living a healthy, intellectually stimulating and purposeful life in the future.

Personal and social development is the sum total of all of the experiences, planned and unplanned, received by pupils in the course of their time in school that promotes their moral, social, cultural, mental and physical development, and thus the wellbeing of both the individual and ultimately the wider community of The Kingston Academy.

PSHCE is taught through a cross-curricular approach and is embedded in the whole curriculum. It is also part of an active tutorial programme *Aspire-SMART* and Pupil Voice work and will be delivered through at least 2 PSHCE days each year. The aim is to give pupils the knowledge, skills, and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens in a rapidly changing world. Pupils will learn to recognise their own worth, work well with others, and become increasingly responsible for their own learning. There will be a particular emphasis through the *Aspire-SMART* programme to develop a 'Growth Mindset' and to embrace the school's philosophy that we work together to 'Go Beyond'.

Our Objectives are:

- To help pupils live healthily and safely and deal with the moral, social and cultural issues they face as they approach adulthood.
- To teach pupils to reflect on their experiences and how they are developing.
- To understand and manage responsibly a wider range of relationships as they mature.
- To show respect for the diversity of, and differences between people.
- To develop pupils' well-being and self-esteem, encouraging belief in their ability to succeed.
- To enable pupils to take responsibility for their learning and future choice of courses and career.
- To provide a broad and balanced curriculum which enables all pupils to achieve the objectives to the best of their ability.
- To equip our pupils to be positive and productive citizens.
- To provide sex and relationship education for all pupils.

KS3

Alongside *Aspire-SMART* sessions a minimum of two PSHCE days per year will be used to deliver the following information to pupils over KS3:

- Drugs Awareness
- Independent Travel
- Healthy Living
- My World

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- Streetwise Day
- Adolescence and Changing Bodies
- My Feelings, Your Feelings
- Making Choices
- SRE (Sex and Relationships Education)

KS4

The aim of the KS4 PSHCE programme is to raise pupil achievement by promoting their personal and social development. It helps to prepare young people to lead confident, healthy, safe and independent lives. It can help young people to explore their own and other people's attitudes and to develop skills such as assertiveness, communication, risk assessment and problem-solving.

The PSHCE programme includes:

- Emotional health and wellbeing.
- sex and relationship education
- Drugs, alcohol and tobacco information.
- Nutrition and healthy lifestyles guidance.
- Personal safety teaching.

KS5

The aim of the KS5 PSHCE programme is to support pupils' transition into further education and careers by promoting their personal and social development alongside course and career specific guidance from industry specialists.

- PSHCE will include help and advice about careers. The PSHCE department will work with the Careers department to support the work experience programme.
- Students will write their CV, learn telephone and interview skills, use the KUDOS package, and, of course, plan their work experience.
- Men's and women's health into adulthood. The importance of taking advantage of screening programmes, general health and nutrition advice, and sex and relationships education.

How is PSHCE taught:

PSHCE will be delivered through Departments and House Teams in modules. There are also a large number of outside speakers who will come in and deliver elements on the special PSHCE days.

Sex Education

We have a clear policy on sex education at The Kingston Academy which follows the guidelines outlined in the 1986 Education Act (see our separate Sex and Relationships Education Policy). It is taught in personal, social and health education (PSHE) and science, at appropriate stages in the pupil's development. The teaching is set within a clear moral framework. The emphasis is on trust and respect for oneself and others. We aim to provide factual information as well as explore, with honesty and frankness, general attitudes to sexual behaviour. We also want to foster the recognition that both sexes must behave responsibly in sexual matters.

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Philosophy, Religion and Ethics

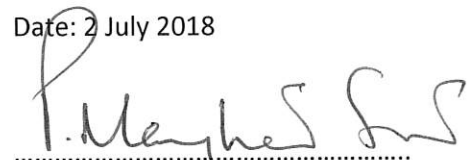
We recognise the faiths represented within our community and ensure that the curriculum provides opportunities for pupils to explore faiths.

However, parents have a right to withdraw their children from these classes if they think this appropriate. Our reinforcement of spiritual, moral, social and cultural development across the curriculum provides extensive opportunities to celebrate and share religious diversity. A harmonious place of many people and one school.

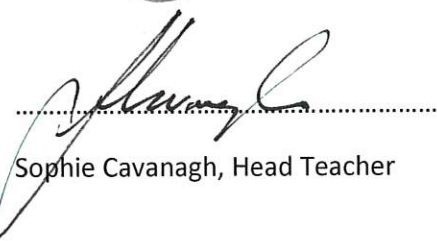
This statement will be reviewed annually by the Trust Board of Kingston Educational Trust.

Next review due: July 2021

Date: 2 July 2018

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Peter Mayhew-Smith, Chair Trust Board

Handwritten signature of Sophie Cavanagh in black ink, written over a dotted line.

Sophie Cavanagh, Head Teacher