

# TKA PE equipment list/ Kit policy

## YEAR 7 PE

	PE
A U T U M N	FUNdamentals (Movement skills, physical skills within games, tactical skills in games) Invasion Games (Football, Netball, Touch Rugby)
S P R I N G	Health Related Fitness Dance/ Gymnastics
S U M M E R	Athletics Striking and Fielding(Rounders/ Cricket)

### Equipment for PE lessons at TKA

#### Equipment/Clothing needed :

Full TKA PE Kit (polo-shirt/shorts/tracksuit bottoms/jumper) as well as:

TKA PE socks or white sport/trainer socks

Girls – TKA skort or TKA shorts, sports navy blue leggings (if needed) these must be worn with the skort/shorts over the top.

**Studded Football boots (no metal studs, just plastic or moulds)** (boys & girls)

**Shin pads for after school football clubs** (after school clubs only)

**Gum-shields** (boys & girls)

**Hairbands** (boys & girls, if hair is longer than shoulder length)

**Trainers** – sports trainers (no plimsolls or skate shoes)

**Baselayer** when extremely cold (Plain navy blue)

**Asthma pumps and relevant medication**

#### Kit Policy

**If ill or injured, students must still bring their PE kit as they can undertake another role in the class (e.g. coach or referee). Failure to do this will lead to a PE kit mark and potential level 1.**

#### **Recommended Websites**

[http://www.schoolzoneonline.co.uk/cat/81/the-kingston-academy-\(boys\)](http://www.schoolzoneonline.co.uk/cat/81/the-kingston-academy-(boys))

# TKA PE equipment list/ Kit policy

## YEAR 8 PE

	PE
A U T U M N	Invasion Games Rugby Health Related Fitness
S P R I N G	Health Related Fitness Gymnastics/Dance Athletics
S U M M E R	Athletics Striking and Fielding (Rounders/ Cricket) Net Games (Volleyball, Tennis, Badminton)

### Equipment for PE lessons at TKA

#### Equipment/Clothing needed :

Full TKA PE Kit (polo-shirt/shorts/tracksuit bottoms/jumper) as well as:

TKA PE socks or white sport/trainer socks

Girls – TKA skort or TKA shorts, sports navy blue leggings (if needed) these must be worn with the skort/shorts over the top.

**Studded Football boots (no metal studs, just plastic or moulds)** (boys & girls)

**Shin pads for after school football clubs** (after school clubs only)

**Gum-shields** (boys & girls)

**Hairbands** (boys & girls, if hair is longer than shoulder length)

**Trainers** – sports trainers (no plimsolls or skate shoes)

**Baselayer** when extremely cold (Plain navy blue)

**Asthma pumps and relevant medication**

#### Kit Policy

**If ill or injured, students must still bring their PE kit as they can undertake another role in the class (e.g. coach or referee). Failure to do this will lead to a PE kit mark and potential level 1.**

#### **Recommended Websites**

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## TKA PE equipment list/ Kit policy

### YEAR 9 PE

	PE
A U T U M N	Health Related Fitness Invasion Games Rugby
S P R I N G	Rugby Sports Education Programme Athletics
S U M M E R	Athletics Net Games (Volleyball, Tennis, Badminton) Striking and Fielding

### Equipment for PE lessons at TKA

#### Equipment/Clothing needed :

Full TKA PE Kit (polo-shirt/shorts/tracksuit bottoms/jumper) as well as:

TKA PE socks or white sport/trainer socks

Girls – TKA skort or TKA shorts, sports navy blue leggings (if needed) these must be worn with the skort/shorts over the top.

**Studded Football boots (no metal studs, just plastic or moulds)** (boys & girls)

**Shin pads for after school football clubs** (after school clubs only)

**Gum-shields** (boys & girls)

**Hairbands** (boys & girls, if hair is longer than shoulder length)

**Trainers** – sports trainers (no plimsolls or skate shoes)

**Baselayer** when extremely cold (Plain navy blue)

**Asthma pumps and relevant medication**

#### Kit Policy

**If ill or injured, students must still bring their PE kit as they can undertake another role in the class (e.g. coach or referee). Failure to do this will lead to a PE kit mark and potential level 1.**

#### **Recommended Websites**

[http://www.schoolzoneonline.co.uk/cat/81/the-kingston-academy-\(boys\)](http://www.schoolzoneonline.co.uk/cat/81/the-kingston-academy-(boys))

# TKA PE equipment list/ Kit policy

## YEAR 10 Core PE

	PE
A U T U M N	All pupils will select a physical activity out of three options to complete per half term. Pupils will be being physical for the entire lesson and will need correct PE kit for this.
S P R I N G	All pupils will select a physical activity out of three options to complete per half term. Pupils will be being physical for the entire lesson and will need correct PE kit for this.
S U M M E R	All pupils will select a physical activity out of three options to complete per half term. Pupils will be being physical for the entire lesson and will need correct PE kit for this.

### Equipment for PE lessons at TKA

#### Equipment/Clothing needed :

Full TKA PE Kit (polo-shirt/shorts/tracksuit bottoms/jumper) as well as:

TKA PE socks or white sport/trainer socks

Girls – TKA skort or TKA shorts, sports navy blue leggings (if needed) these must be worn with the skort/shorts over the top.

**Studded Football boots (no metal studs, just plastic or moulds)** (boys & girls)

**Shin pads for after school football clubs** (after school clubs only)

**Hairbands** (boys & girls, if hair is longer than shoulder length)

**Trainers** – sports trainers (no plimsolls or skate shoes)

**Baselayer** when extremely cold (Plain navy blue)

**Asthma pumps and relevant medication**

#### Kit Policy

**If ill or injured, students must still bring their PE kit as they can undertake another role in the class (e.g. coach or referee). Failure to do this will lead to a PE kit mark and potential level 1.**

#### **Recommended Websites**

[http://www.schoolzoneonline.co.uk/cat/81/the-kingston-academy-\(boys\)](http://www.schoolzoneonline.co.uk/cat/81/the-kingston-academy-(boys))